



February 4, 2025

Volume 42 - Issue 17

"Together we see a world where people unite and take action to create lasting change - across the globe, in our communities and in ourselves!"

The Rotary Club of Calgary comprises professional and community leaders brought together in fellowship to make a better future.



Birthdays

Ryan Klinck	February 4
Catherine Scheers	February 9
Iain Stewart	February 9
Stacey Pinney	February 11
Tom Tait	February 12
Ayodeji Jeje	February 13
Bill Andrew	February 14

Anniversaries

Michael Colborne 30 years
Ron Hymers 10 years

Inspirational Quote

"February is the bridge that connects the promises of the past year with the hopes of the year ahead."

– David LaMotte

Our New Website is HERE **Check it out!**

www.rotaryclubcalgarydowntown.org (This is a temporary name ... more to come)

Meet Your Directors - Lori Forand

Lori Forand

Lori Forand is our Director of Community Services. She has written this profile in response to questions about her experience with Rotary and club members wish to know a little about her professional and personal life.



[Read more...](#)

January 28, 2025 Club Meeting

Diane Macdonald

Those members and guests who attended the meeting last week on January 28th, 2025 were treated to 90 minutes of fun, fellowship and great information.

[Read more...](#)

Rotary Structure at a glance

Manon Mitchell

Rotary Clubs span more countries than the United Nations! These clubs are where magic happens as members gather for fellowship and service projects. Rotary International, with its global reach, supports clubs through a structured system of leadership and mechanisms to

ensure impactful community service. With this kind of global reach, you can be sure that there is a support structure to ensure club vibrancy and impact to the community.

[Read more...](#)

Orientation Sessions for NEW Members

Manon Mitchell

Our Zone Coordinator (Louisa Horne) has set up **Orientation for NEW Members Sessions**. Mark your calendar for either of these 2 dates:

February 10th at 7:00 pm (EASTERN TIME)

May 7th at 7:30 pm (EASTERN TIME)

No registration is required. Just click on the links on the dates above and you'll get to the information you need to join the meeting.

These sessions are NOT recorded as the intention is to do "live" sessions. We think it is valuable for new members to see that there are new members across the zone and to get a sense of the bigger picture of Rotary. We encourage you to use the presentations as a first step in the orientation process. Other members may enjoy this session as a refresher.

Upcoming Zone events are listed on the ZONE [website here](#).

Thanks to Rotary Colleagues for Ideas and Support

Doug McMillan

World Community Service members are appreciative of the ideas and support of other members of the Rotary Club of Calgary Downtown (RCCD), on this occasion recognizing the assistance of the **Small Donations Committee**.

[Read more...](#)

Club Assemblies: March 4th

Manon Mitchell

SAVE THE DATE: March 4th is our first CLUB ASSEMBLY of 2025! This is an alternative Tuesday club lunch with no guest speaker but lots of opportunity for sharing club and club member information. Stay tuned for more news!

COG Editor Stepping Down

Manon Mitchell

After over 2 years in the position of Editor, I have to step away from this role as my role of District Governor Elect is now requiring more of my time. If you have a passion for being in the know and love sharing stories, this position is for you. You would be joining the great team of Diane Macdonald, Doug McMillan and Ebenezer Mensa. Together, this team makes the COG happen every 2 weeks. There are many people who provide articles on a regular basis so the job is more about inserting the stories in the COG rather than writing them. This position comes with lots of support and I'll spend time with you ensuring you know exactly how to add

great stories from our club. Please contact me as soon as possible so we can cross train and ensure smooth transition.

When is the COG published?

Manon Mitchell

You can find past issues on our website under [Members > COG Bulletins](#)

If you'd like to have us publish an article or have an idea about what we should be publishing, please forward your ideas to [Manon](#) or [Diane](#) by the FRIDAY before the Tuesday publication date.

You are also welcome to contact either Manon or Diane to discuss any idea you may have.

Here are the publication dates for the first half on 2025:

Feb 4, 18
Mar 4, 18
Apr 1, 15, 29
May 6, 20
June 3, 17

If you enjoy reading the COG, [let us know](#) because your comments are the only way we know we are hitting the mark and it is our reward!

Proudly Presenting Our Corporate Members



Upcoming Events

[Frank n' Stein \(1st TUESDAY\)](#)

CHECK YOUR EMAIL

Feb. 04, 2025

4:30 p.m. - 6:30 p.m.

[Luncheon - Guest Speakers - Gitane De Silva and Grant Sprague](#)

133 9 Avenue SW,

Feb. 11, 2025 12:00 p.m. - 1:30 p.m. Mountain Standard Time (UTC-07:00)

[Frank n' Stein \(3rd TUESDAY\)](#)

CHECK YOUR EMAIL

Feb. 18, 2025

4:30 p.m. - 6:30 p.m.

[Luncheon - Guest Speaker Rob Roach](#)

133 9 Avenue Southwest

Feb. 25, 2025 12:00 p.m. - 1:30 p.m. Mountain Standard Time (UTC-07:00)

[Frank n' Stein \(1st TUESDAY\)](#)

CHECK YOUR EMAIL

Mar. 04, 2025

4:30 p.m. - 6:30 p.m.

[Luncheon - Guest Speaker Deputy Premier Mike Ellis](#)

1334 Sarmiento

Mar. 11, 2025 12:00 p.m. - 1:30 p.m. Mountain Daylight Time (UTC-06:00)

[Frank n' Stein \(3rd TUESDAY\)](#)

CHECK YOUR EMAIL

Mar. 18, 2025

4:30 p.m. - 6:30 p.m.

[Luncheon - Guest Speaker Mayor Jyoti Gondek](#)

133 9 Avenue Southwest

Mar. 25, 2025 12:00 p.m. - 1:30 p.m. Mountain Daylight Time (UTC-06:00)

[Frank n' Stein \(1st TUESDAY\)](#)

CHECK YOUR EMAIL

Apr. 01, 2025

4:30 p.m. - 6:30 p.m.

[View entire list](#)

COG Staff - July 1, 2024

Editors	Diane Macdonald & Manon Mitchell
Publisher	Doug McMillan
Contributors	Club Members ... yes that's you!

Rotary Club of Calgary - Chartered April 1914 as Club #949

Tel: (403) 398-9969 - Fax: (403) 264-2392

www.rotaryclubofcalgary.org - admin@rotaryclubofcalgary.ca

President: Joe Fras

District 5360 Governor: Christina Hassan

Rotary International President: Stephanie Urchick